

Saint Joseph, strong spiritual father, defend me against sins of the flesh. Jesus said: "Blessed are the pure of heart, for they shall see God." Saint Joseph, Terror of Demons, protect me from lust, immoral desires in my heart, and impure actions in my body. Help me not to offend God. Here and now, I chain myself to you and sacrifice everything for the good, the true, and the beautiful. I love you, Saint Joseph, and I thank you for being my spiritual father. Amen (Fr Donald Calloway MIC)