

## **ASPIRATIONS (SHORT PRAYERS) TO THE HOLY SPIRIT**

**Jesus, Mary, I love you. Save souls!**

**O Holy Spirit, sweet Guest of my soul, abide in me and grant that I may ever abide in Thee.  
Holy Spirit, command me to do Your will**

## **ASPIRATIONS (SHORT PRAYERS) TO OUR LORD**

**Oh my Jesus, I surrender myself to You. Take care of everything!**

**Jesus, I love You; Jesus, have mercy; Jesus, make Your will mine!**

**Blessed be God!**

**Blessed be the name of the Lord!**

**Divine Heart of Jesus, convert sinners, save the dying, deliver the holy souls in purgatory.**

**Eucharistic Heart of Jesus, increase in us our Faith, Hope and Charity.**

**Good Jesus, give me a deep love for Thee, that nothing may be too hard for me to bear from Thee.**

**Heart of Jesus, burning with love for us, set our hearts on fire with love of Thee.**

**Heart of Jesus, I put my trust in Thee!**

**Jesus I trust in You!**

**Jesus, meek and humble of heart, make our heart like unto Thine.**

**Jesus, my God, I love Thee above all things!**

**Jesus, Son of David, have mercy on me!**

**May the most just, most high, and most adorable will of God be done in all things, praised and magnified forever.**

**My God and my all.**

**My Jesus, mercy!**

**My Lord Jesus Christ, for the sake of Thy sufferings, grant me such faith, hope, charity, sorrow for my sins, and love of prayer as will save and sanctify my soul.**

**My Lord, grant that I may love Thee, and that the reward of my love may be to love Thee ever more and more.**

**My sweetest Jesus, be not my Judge, but my Savior.**

**O Good Jesus, shelter me from the evil one, shed Thy dew upon me to calm my soul, and dwell in me fully, that I may wholly love Thee.**

**O Good Jesus, my God and my All, keep me ever near Thee, let nothing for a moment separate me from Thee.**

**Praised be Jesus Christ, now and forevermore.**

**Sacred Heart of Jesus, Thy kingdom come!**

**Savior of the world, have mercy on us.**

**Sweet Heart of Jesus, be my love!**

**Sweet Heart of my Jesus, grant that I may ever love Thee more.**

**We adore and praise Thee, most holy Lord Jesus Christ, because by Thy holy cross Thou hast redeemed the world.**

## **ASPIRATIONS TO OUR LORD IN THE BLESSED SACRAMENT**

**Jesus, my God, here present in the Sacrament of Thy love, I adore Thee.  
O Jesus in the Blessed Sacrament, have mercy on us.  
O Jesus, in the most holy Sacrament, have mercy on us.  
Praised and adored forever be the most holy Sacrament.  
We adore Thee, thou true Bread of angels.**

### **ASPIRATIONS TO THE BLESSED VIRGIN MARY**

**Mary, Virgin Mother of God, pray to Jesus for me.  
Sweet Heart of Mary, be my salvation!  
O Mary, conceived without sin, pray for us who have recourse to thee.  
Our Lady of Lourdes, pray for us!  
Mary, our hope, have pity on us!  
Mary, most sorrowful, Mother of Christians, pray for us.  
O Mary, virgin Mother of God, pray to Jesus for me.  
My Queen! my Mother! remember I am thine own. Keep me, guard me, as thy property  
and possession.  
O Mary, thou didst enter the world without stain; do thou obtain for me from God, that I  
may leave it without sin.**

### **ASPIRATIONS TO THE HOLY FAMILY**

**Jesus, Mary, Joseph!  
Jesus, Mary, and Joseph, bless us now and at the hour of our death.  
Jesus, Mary, and Joseph, I give You my heart and my soul. Jesus, Mary, and Joseph, assist  
me in my last agony. Jesus, Mary, and Joseph, may I breathe out my soul in peace with  
You.**

### **ASPIRATIONS BEFORE OR AFTER CONFESSION**

**O Lord, do not deal with us according to our sins which we have committed, nor according  
to our wickedness.  
O Lord, do not remember our former wickedness, and be merciful and forgive our sins for  
the sake of Your holy Name.  
O merciful Lord, You are never weary of speaking to my poor heart. Grant me grace that,  
if today I hear Your voice, my heart may not be hardened.  
From all sin, deliver me, O Lord.**

**Lord, I fear Your justice; I implore Your mercy. Do not deliver me to everlasting pains, but grant that I may possess You in eternal joys.**

**Holy Trinity, one God, have mercy on us.**

**O God, be merciful to me a sinner.**

**My Jesus, mercy.**

**Sweetest Jesus, be not my Judge, but my Saviour.**

**Jesus, Son of David, have mercy on me.**

**My Mother, my hope.**

**Mother of mercy, pray for us.**

**Virgin Mother of God, when you stand before the face of the Lord, remember to speak favorable things in our behalf that He may turn away His just anger from us.**

**Deliver me, O Lord, from my enemies.**

**Lord, I am my own enemy when I seek my peace apart from You.**

**Lamb of God, who takest away the sins of the world, grant us Your peace.**

**Sweetest Jesus, hide me in your Sacred Heart. Do not permit me ever to be separated from You. Defend me from the evil foe.**

**Lord Jesus, through Your infant cries when You were born for me in the manger; through Your tears when You died for me on the Cross; through Your love as You live for me in the tabernacle, have mercy on me and save me.**

**Lord Jesus Christ, deliver me from all my sins and from every evil. Make me ever keep Your commandments and never allow me to be separated from You.**