

Sorrowful Mysteries (Tuesday, Friday)

First Sorrowful Mystery: The Agony in the Garden

– **Contrition, Conformity to the Will of God** - Luke 22:39-46

³⁹ He came out and went, as was his custom, to the Mount of Olives; and the disciples followed him. ⁴⁰ When he reached the place, he said to them, "Pray that you may not come into the time of trial." ⁴¹ Then he withdrew from them about a stone's throw, knelt down, and prayed, ⁴² "Father, if you are willing, remove this cup from me; yet, not my will but yours be done." ⁴³ Then an angel from heaven appeared to him and gave him strength. ⁴⁴ In his anguish he prayed more earnestly, and his sweat became like great drops of blood falling down on the ground. ⁴⁵ When he got up from prayer, he came to the disciples and found them sleeping because of grief, ⁴⁶ and he said to them, "Why are you sleeping? Get up and pray that you may not come into the time of trial."



Our Father ...

Hail Mary full of grace, the Lord is with thee. Blessed are thou among women and blest is the fruit of thy womb Jesus, *in agony in the garden for us. (during lent: who suffered agony in the garden for my sins).*

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Concluding Prayer:

Pray for us, Mary, Mother of Sorrows, *that we may humbly embrace God's will in all things.*